



"You can't really recover. I was there, in the same tunnels where he still sleeps, on the same mattresses. It seems unfair to have a large bed, hot water, and three meals a day while my best friend doesn't have that."

-Yarden Bibas



"The nightmares and trauma of our captivity continue to haunt us. No one should endure what we went through."

-Hagar Brodutch



"They enslaved us. We were their servants."

-Liri Albag



"We had to beg and plead to go to the bathroom, we suffered humiliation and violence."

-Keith Siegel



"As a woman who was there - I can say that the fear is endless, it can't be described in words. To be a woman in captivity is to be in constant fear, but the men there also undergo abuse. The feeling of helplessness is one I wouldn't wish on anyone. Every minute feels eternal..."

-Sharon Aloni-Cunio

